

Georgoudas Michalis

Michalis Georgoudas (BSc,MSc) graduated in 2021 from the Department of Psychology of the Aristotle University of Thessaloniki with a degree grade of 8.34. He has completed postgraduate studies at the Department of Medicine of the same university with the title "Neurosciences and neurodegenerative diseases". His research interest focuses on the field of cognitive psychology and in particular on the cognitive processes that take place as a result of ageing. He has published three (3) journal articles on working memory, mild cognitive impairment, sleep deprivation, and Alzheimer's disease. In recent years his focus has shifted to the effect of sleep on working memory and mild cognitive impairment. He is a trained systemic psychotherapist with a focus on family structure and function, and human relationships. He did his internship at "Alzheimer Hellas", where he was also a volunteer psychologist for a period of time. He was a contracted paid psychologist at the Hellenic Alzheimer's Society of Larissa and is involved in research in the field of aging and cognition.

