

Dimatati Maria

Maria Dimatati has begun her first piano lessons at her early age. After she has acquired the piano diploma (D. Eunouhidou's class) she achieved a Degree in Musicology / Music Pedagogics (AUTH). Her interest to enrich her academic background on the effect of music on human mind and brain led her to complete Postgraduate studies in Music Psychology with distinction (MSc in Music, Mind & Brain, UOL) while she has been trained as a Certified Music Practitioner (National Standards Board for Therapeutic Musicians, NY, US). She has published peer-reviewed research on Psychomusicology and she has participated in several International Conferences while she occasionally gives guest lectures to Academic and other Institutions on the topic of Music Psychology. She is the founder of MySPoT (Music Stimulation Play Therapy), where she coordinates music classes for infants and pre-schoolers and children with special needs, while she has previously worked as a Music Psychologist at the department of ELEPAP in Thessaloniki and other mental health settings. Lately, as an affiliate of the Greek Association of Alzheimer's Disease and Related Disorders, she implements research on music-based intervention programs for people with dementia. Furthermore, she organises and gives improvisational music concerts in the context of music and wellbeing

