

### **Aroni Despina**

Despina Aroni studied social work and psychology in Greece and Great Britain. She was awarded a doctorate by the Department of Medicine of the University of Crete. She completed her postgraduate studies a Master of Community Care and a Master of Philosophy at the Department of Psychology of the University of Keele, Great Britain. The Greek State Scholarship Foundation subsidized her studies. She was trained at the National Confederation of People with Disabilities (ESAMEA) as a social intervention executive, at the Research University Institute of Mental Health (EIPSY) in behavior modification in anxiety disorders and she has been trained in systemic family psychotherapy at AKMA. She has worked in positions of responsibility in the private and public sectors and has been awarded for her work. She taught as a scientific associate for seven years in the social work department of Heraklion, Crete, and gives lectures as an invited speaker at universities, etc. Today she works in the social care office of the 1st Health Center of Salamina. Her research interests focus on health promotion and educational and professional inclusion of vulnerable population groups.

