

## **Kavidopoulou Evanthia**

My name is Evanthia Kavidopoulou and I have a Bachelor's degree in Psychology, from Aristotle University of Thessaloniki. My thesis statement was: "Leisure Time of Caregivers of People with Alzheimer's Disease: A Literature Review". As for my internship experience, I am currently a psychology intern at 424 Psychiatric Department (Army Mental Health Care Center) in Thessaloniki, where I participate in meetings of alcoholic and psycholitic patients. I am, also, conducting or participating at the first appointment of psychotherapy with a patient and a psychologist/psychiatric present. Additionally, I have attended the project of: Care Unit for Alzheimer's Disease Problems Saint Eleni for 120 hours, at Alzheimer Hellas (Greek Association of Alzheimer's Disease and Related Disorders) in Thessaloniki. My volunteer work starts in high school. Some of my most recent involvement was at the 10th International Night Halfmarathon of Thessaloniki, The Smile of the Child (part of the funding and creative team), Alma Zois (part of the "Sail for Pink" event team) and Alzheimer Hellas (in charge of importing Alzheimer's patients' health data into the main database system and part of the "boroume" action).

