

## **Velegraki Theodosia**

Psychologist, Head of the Arsinoi Dementia Day Care Center. Scientific manager of the "Home Remedies" program for psychiatric patients and patients with end-stage dementia Neuropsychological assessment. Memory Clinic. Mental empowerment of patients with dementia (group and individual level) and in elderly people with mild mental disorder. Preparation of exercises for memory, attention, topicality, vocabulary, judgement, executive functions. Prepare and supervise weekly day center schedule. Online mental empowerment program Counseling and psychoeducation of caregivers. Management of prevention, information and awareness programs on memory issues for healthy elderly people, in Open Elderly Protection Centers, in Day Care Centers for the Elderly, in Pensioners groups, in Spiritual Centers. Program "Why doesn't my grandmother remember my name?" to kindergarten and primary school students Screening test and differential diagnosis training program for general practitioners, pathologists and other health professionals. Community Engagement – Organizing a Mental Health Film Festival to inform and raise public awareness of mental health and dementia issues

