

Tsigkou Efthymia

Graduated from the Department of Psychology of the Aristotle University of Thessaloniki (2020). Six-month semester study at the Faculty of Psychology of the french university "Université de Caen" as part of undergraduate studies (2019). Postgraduate student at the Medical School of AUTH in the Interdepartmental Postgraduate Program "Neurosciences and Neurodegenerative Diseases" (2020-present). Internship and volunteer work at the AHEPA University Hospital in the 3rd Psychiatric Clinic of AUTH of the Department of Medicine AUTH and at Alzheimer Hellas (2019-2020). Attending various educational seminars and participating in annual seminar cycles in the field of psychotherapy (psychodynamic, existential and systemic approach) and neurosciences. Current research activity on the grief of family caregivers of dementia patients. As of September 2021, she works as a psychologist at Alzheimer Hellas in the Caregivers Department, having responsibilities such as information, counseling, support for caregivers of patients with dementia, as well as the coordination of groups of psycho-education for caregivers.

