

## Tilkeridou Marianna

Tilkeridou Marianna has a degree in Psychology from Aristotle University of Thessaloniki, and she is a graduate from the postgraduate program "Neuroscience and Neurodegenerative diseases" in Aristotle University of Thessaloniki. Since 2021, she has been working at Alzheimer Hellas as a psychologist at the home Care services, with main responsibilities the palliative care and psychological support of patients with late stage dementia and their caregivers, as well as the neuropsychological examination of patients. Since September 2022 she has taken on duties as a psychologist in the project "Alzheimer Hellas in cooperation with Seniors Clubs of the community" with municipality of Kalamaria. The main activity is the neuropsychological assessment as well as the organization of mental activation groups offered to the members of the Seniors Clubs. She has participated as a trainee in various seminars, educational programs and conferences related to issues related to dementia, and has published in the "Hellenic Journal of Psychology" the study entitled "The relationships between gratitude, forgiveness, hope, and subjective well-being" during the COVID-19 lockdown".

