

## **Siampani Katerina**

Counselor, Gestalt Psychotherapist-Trainer-Supervisor, Msc in Counseling and Psychology, University City-Sheffield U.K. Trained in Sandplay and Art-Therapy. Member of EAGT, member of H.A.G.T. associate's degree of ECP. She worked for many years in YWCA of Kalamaria organizing and coordinating counseling groups for parents with children of preschool hood and adolescents and participating in administration committee of YWCA of Greece. Last twenty years she is working in Hellenic Association of Alzheimer's Disease and Related Disorders -since 2002 voluntarily and since 2005 professionally until today- applying to Gestalt Psychotherapy adjunctive therapeutic approaches, such as Art-Therapy, Gestalt Reminisce Therapy, Sandplay Therapy and fairy tales. In addition, she provides psychological support in groups of caregivers of people suffering from dementia and groups for people with M.C.I. Since 2005 she works as personal professional psychotherapist. Collaborator of the Gestalt Foundation. Since 2005 she has been privately practicing the profession of psychotherapist. At the same time, she has worked in groups at the Association of Cancer Patients of Northern Greece and in groups of women with breast cancer at ALMA ZOIS. Writer of the books: «Marching Together. The perspective of Gestalt therapy in dementia», and «Diary of Psychotherapy. Illuminating the windows of the psyche».

