

Pattakou Despina

Despina Pattakou was born on August 18, 1992 in Rethymno, Crete.—She is a graduate student in the Nursing department at the Hellenic Mediterranean University of Crete, a final student of Technical School in the department "Rescuer - Ambulance Crew" and a graduate of the Second High School of Rethymno. Her mother tongue is Greek, she speaks fluently English (at Proficiency level), she speaks very well Russian (at Lower level) and relatively well German. In addition, she has carried out her Internship at the Venizelio General Hospital of Heraklion and has prepared her Bachelor's Thesis on the topic: "The contribution of measuring hand grip strength to the recovery of surgical patients." Finally, she has successfully attended four training seminars for the management of the elderly and healthy aging and seventeen general nursing training seminars.

