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BSc, MSc, specializing in cognitive-behavioral psychotherapy. She is a psychologist, working on issues related to Old age and Neurodegenerative diseases. She received her Bachelor degree from the Department of Psychology of the Aristotle University of Thessaloniki and her MSc degree in Counseling Psychology, from the Department of Psychology of the International University of Sheffield. Moreover, she is candidate trainee in Cognitive and Behavioral Psychotherapy, certified by EABC, of the Hellenic Association of Behavioral Research of Thessaloniki, Greece. She works at the Greek



Association of Alzheimer's Disease and Related Disorders (GAADRD), since 2010. She is responsible for neuropsychological assessment and for the design and implementation of cognitive training programs and other non-pharmacological interventions for people with Alzheimer's disease and Mild Cognitive Impairment. She has participated as a speaker in seminars, in the field of neurocognitive disorders for health professionals, students and also for general public. She has participated with abstracts in Greek, International and Mediterranean Conferences.