

## Mouzakidis Christos

Christos A. Mouzakidis graduated from the Department of Physical Education and Sport Sciences of the Aristotle University of Thessaloniki. MSc and PhD in designing and implementing physical exercise programs for persons with dementia. He has participated in several research projects and granted by the European Commission to implement a physical exercise program in persons with Alzheimer's disease. He was included in the 18th edition of Who is Who in the World (2001) for his research and scientific activity. He was a teacher of Physical Education at the Department of Primary Education, Aristotle University of Thessaloniki (1999-2001), Physical Education and Sport Sciences, University of Thessaly (2000-2007) and Military School of Officers (2005-06, 2007-09 & 2010-15). He has participated in several international and national conferences with oral and poster presentations, and he is author and co-author in several articles and book chapters in Hellenic and international journals and books. He is a reviewer of Alzheimer's Association International Research Grant Program and Alzheimer's Association Journal "Alzheimer's & Dementia". He is currently working at the Hellenic's Association of Alzheimer's Disease and Related Disorders Day Care Centre "St. Eleni".

