## Merai Souzana

She received her degree in occupational therapy from the University of West Attica in 2020 and at 2022 she started her studies in the Graduate Program of the Department of Medicine entitled "STROKE" at the Democritus University of Thrace. She has clinical experience with children aged 2-17 with diagnoses of Autism, Attention Deficit – Hyperactivity Disorder, Learning Disabilities and other Developmental Disorders. From October of 2021 she works at the Day Center for the Support of Demented Patients, which is supervised by the University



Neurological Clinic of the General University Hospital of Alexandroupolis. She coordinates therapeutic programs for people with mild cognitive disorders and for people with all types of dementia. The designs of the programs is based on a holistic approach to care and rehabilitation, consisting of cognitive and motor empowerment. She also participates in psychoeducational programs for caregivers of people with dementia, particularly for ergonomic arrengements of safe environments. At the same time, she participates in activities for raising awareness about dementia.