

## Liapi Despoina

Liapi Despoina graduated from the Department of Psychology at the Philosophical Section of the Aristotle University of Thessaloniki. She has attended a number of seminars and conferences in the field of mental health, in the context of her continuing education and has participated as a speaker at seminars and conferences on mental health. She deals with writing texts and articles, making seminars for the general public and coordinating parent groups. She has been working from 2009 until today as a psychologist in Alzheimer-Hellas. She has specialized in the design and implementation of cognitive rehabilitation programs in elderly and dementia patients as well as in neuropsychological assessment. She also participates in educational and informative seminars on education programs for patients with dementia and in workshops for the general public. She has participated as a trainer in educational seminars dedicated to health professionals in dementia, as well as a speaker at Panhellenic Conferences. She has participated in publications of research papers in scientific journals related to third age and dementia. She has been trained in Cognitive-Behavioral Psychotherapy and in her private office she provides individual, couple and group psychotherapy and counseling. She also performs neuropsychological assessment as well as cognitive restoration in patients with cognitive deficits.

