

Archimandrite Father Amphilochios Gravalas

The Very Reverend Archimandrite Father Amphilochios Gravalas is a Priest-Monk of the Greek Orthodox Christian Church. He completed his undergraduate studies in United Kingdom, Manchester. He holds a B.Sc. in Psychology from Manchester University and an M.Sc. in Foundations of Clinical Neuropsychology from University of Wales, Bangor. He is a Theology graduate from Aristotle University of Thessaloniki, B.A in Theology. Currently, he is upon his completion of an M.Sc. in Clinical Neurosciences in Aristotle University of Thessaloniki, Greece. He works in Alzheimer's–Hellas as a psychologist where he continues to conduct research in the field of Palliative care. One of his main research interests is on how orthodox Christian spirituality and religiosity becomes a preventing factor for further neurodegeneration, depression and anxiety in mild cognitive decline impairment patients. He collaborates with University of San Francisco, California, U.S. while being trained on Clinical Pastoral Education in hospices.

