

Garopoulou S. Vasiliki

Dr. Vasiliki S. Garopoulou is a Special-Adapted Physical Exercise & Sport Science Educator, a Scientific Counselor of Neurorehabilitation and a Therapeutic Medical Exercise Specialist. She holds two Postgraduate Diplomas on "Multiple Sclerosis" from the Aristotle University of Thessaloniki (AUTH) with scholarships for her excellent performance and 2 postgraduate – vocational training certificates abroad. She has also been awarded a PhD with full scholarship in the Laboratory of Developmental Medicine and Special Needs Education in collaboration with the 2nd Neurology Dept. of AHEPA University General Hospital of the AUTH Medical School. She completed her first Post- Doctoral degree at the AUTH Medical School in the field of Neurosciences and her second Post- Doctoral research as a full scholarship researcher with the State Scholarships Foundation (IKY) with P.D. thesis: Neurorehabilitation & Therapeutic Exercise in Multiple Sclerosis. She is currently working on her 3rd Post-Doctoral research at the AUTH Medical School with research subject about neurodegenerative diseases. She has participated as a scientific associate in research programs, implemented by the AUTH Medical School while at the same time she serves as scientific collaborator at the 1st Neurology Dept of AHEPA University General Hospital and Scientific Collaborator at the Greek Association of Alzheimer’s Disease and Related Disorders (Alzheimer Hellas). She has been innovating as Head of Scientific Planning of Rehabilitation and Exercise programs for PW Disabilities at the AUTH University Gym and as scientific consultant, active board member of the Greek Multiple Sclerosis Society (GMSS). Moreover, she has been the scientific education manager in a Lifelong Learning Centre and has taught the MP Senior Fitness Course® and MP-MULTIPLE SCLEROSIS & EXERCISE L1 & L2® courses.

