

## **Foukaki Irene Michaela**

Ms. Irene Michaela Foukaki is a Social Worker, she had studied at the Department of Social Work of the Technological Educational Institute of Crete (2008), completed Postgraduate studies in Glasgow Caledonian University (2009) in Psychology & Mental Health and she is a PhD candidate at Hellenic Mediterranean University (HMU). From 2009 until 2022, she worked as a head at the Day Care Center for the Elderly of the Municipality of Gortyna, thenceforth she works as a Social Worker at the Physical and Medical Rehabilitation Center of Rethymno, while at the same time she has worked as a lab partner of the Department of Social Work of the Technological Educational Institute of Crete – Hellenic Mediterranean University. She is external collaborator of Laboratory of Interdisciplinary Approaches for the Enhancement of Quality of Life (HMU). She has participated in several research projects, has published and has presented her work in scientific conferences with research interest in the assessment of mental health needs, elderly age, development of social services and formal care networks, quality of life of elderly and dementia patients, active & health aging, intergenerational connection programs.

