

## **Egkiazarova Maria**

My name is Egkiazarova Maria. I am a psychologist-family psychotherapist. I am a graduate of the School of Philosophy, Department of Psychology from Aristotle University of Thessaloniki. I have done four years of training in Systemic Family Therapy, obtaining the title of psychotherapist. I have been running my own private office since 2009. I started my collaboration with the Greek Alzheimer Association initially voluntarily since 2006 and since 2009 I have been working in the caregivers department in the Agios Ioannis unit. As part of the Alzheimer Association , I work with caregivers providing them support groups, the stress management program through relaxation techniques, and as well as I provide psychological support to people diagnosed with mild cognitive impairment. I have attended and participated with presentations in all the conferences of the Association from 2009 until today. I have four published articles on issues related to the treatment of patients with dementia.

