

## Dimotaki Anna

Anna Dimotaki studied Psychology at the Aristotle University of Thessaloniki, where she graduated in 2009. Subsequently, she completed an MSc in Health Psychology at the University of Surrey, UK, and went on to obtain a postgraduate diploma in Person-Centered Counselling from the University of Strathclyde, Scotland (PgD in Person-Centered Counselling). Moreover, she has a specialization in “Developmental disorders of children and adolescents” by the Laboratory of Neuropsychology of the University of Thessaly and has additionally been trained in "Systemic Psychotherapy" by the Institute of Family, Systemic Counseling & Therapy. She has been working since 2016 as a psychologist and scientific manager (since 2018) at the Alzheimer's Day Centre of Chania. In the past she has worked as a private psychologist, but also in institutions such as the Municipal Organization of Social Policy and Education of the Municipality of Chania, the Department of Public Health and Social Care of the Regional Unit of Chania, the Organization for the Development of Crete and the Youth and Lifelong Learning Foundation, providing counseling-psychotherapy services to adults, education (Parents' Schools, School of Third Age), professional counselling, and psychosocial support to vulnerable groups of people. She has participated in relevant seminars/workshops and conferences and has written articles in Greek magazines on dementia, as well as in local newspapers.

